

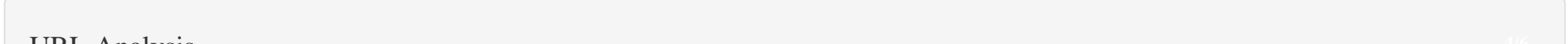


PDF Header: This is a text you can manage in SEO Propeller plugin configuration page.

Www.inhealthandbeauty.com/2021/11/03/how-to-grow-your-butt-at-home/
Keyword: how to grow your butt at home

SEO Score

63%



URL Analysis

4/6

- URL is SEO friendly
- Keyword not found in URL
- URL does not contain underscores
- robots.txt file found
- Favicon file not found
- Preferred domain set

Pass

Fail

Pass

Pass

Fail

Pass

Page Speed

1/1

- Load speed is under 2 seconds

Pass

Title Analysis

3/3

how to grow your butt at home

- Title has 60 characters or less.
- Title tag begins with exact keyword

Pass

Pass

Description Analysis

2/3

How to grow your butt at home, we will introduce the best exercise for buttocks that you can feel free to do at home.

- Description has 160 characters or less.
- Description tag contains exact keyword

Pass

Pass

Image Analysis

3/4

- All images have alt tags
- Exact keyword should be used in an alt tag
- Add exact keyword to an image file name
- No underscores found in image file names

Pass

Fail

Fail

Pass

Headings (H1-H6)

1/3

H1

H2

H3

1. Subsc now to download best buttocks exercises for free

1. Check in amazon
2. Check in amazon
3. We suggest Bigger Better Butt Program to Gain Up to 2 ½" to Your Butt Fast
4. [Click here to check the Bigger Butt Program](#)
5. Check in amazon
6. We suggest a very good article for buttocks exercise
7. [Click here to check The best butt exercise article](#)
8. Effective muscle training method for the gluteus maximus 6. Front bridge (plank)
9. Effective muscle training method for the gluteus maximus 8. Hip extension
10. [So, click here to check MetaboFix](#)
11. Effective muscle training method for the gluteus maximus 9. Back extension

- Found heading tags H1, H2 and H3
- Exact keyword NOT found heading tags H1, H2 or H3
- Remove any duplicate heading tags

Pass

Fail

Fail

Top Words

5/5

- that 29
- butt 28
- buttocks 27
- you 22
- training 21

Mobile Analysis

2/3

- We found viewport metatag
- We found Apple icon

Pass

Pass

Text Analysis

3/3

- You have 500+ words on this page
- Keyword should have 3 occurrences
- Exact keyword was neither bolded, italicized, or underlined
- Exact keyword was not found within first 100 words
- Exact keyword found in anchor text

Pass

Fail

Fail

Fail

Pass

Social Buttons

1/3

- Add Tweet button
- Add Facebook share/like button
- Blog link found

Fail

Fail

Pass

Code Analysis

3/6

- Code is not W3C valid.
- No flash elements found.
- Remove inline css.
- Text to html ratio is less than 2:1
- Schema.org markup found.
- Link to sitemap.xml found

Fail

Pass

Fail

Fail

Pass

Pass

Suggestions for a better SEO Score

- Add keyword to url
- Add favicon.ico
- Add keyword to image alt tag
- Add exact keyword to an image file name
- You need to add exact keyword in H1, H2 or H3 tags
- Make sure you have unique heading tags (remove duplicate heading tags)
- Use keyword exactly 3 times
- Use bold, italic or underline for keyword
- Add exact keyword in the first 100 words
- Fix w3c validation errors
- Remove inline CSS
- Add more text to achieve a text to html ratio of at least 2:1
- Add Tweet button
- Add Facebook share/like button

PDF Footer: This is a text you can manage in SEO Propeller plugin configuration page.